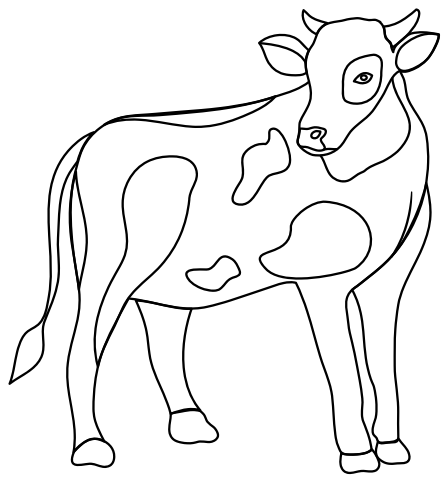


MEAT TEMPERATURE CHART



BEEF

RARE

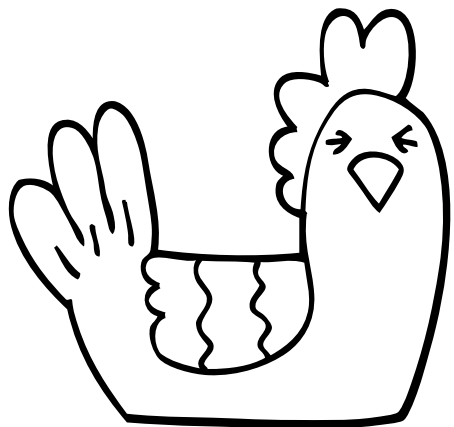
MEDIUM

WELL DONE

125°F

145°F

160°F



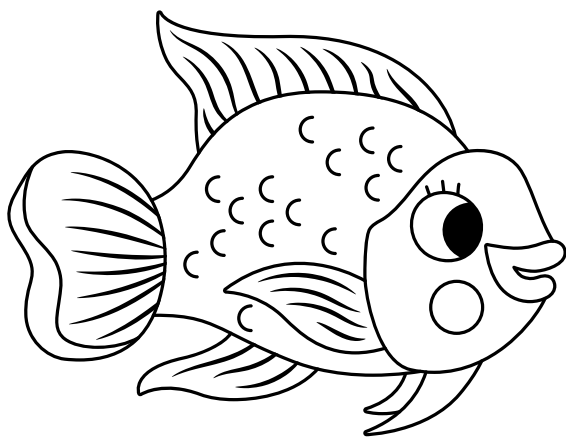
CHICKEN

WHITE
MEAT

165°F

DARK
MEAT

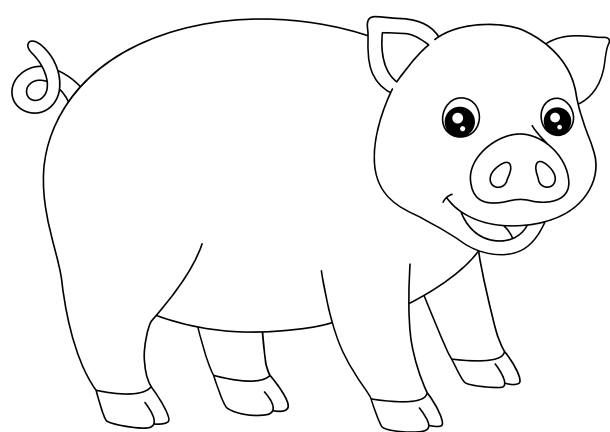
175°F



FISH

COOKED

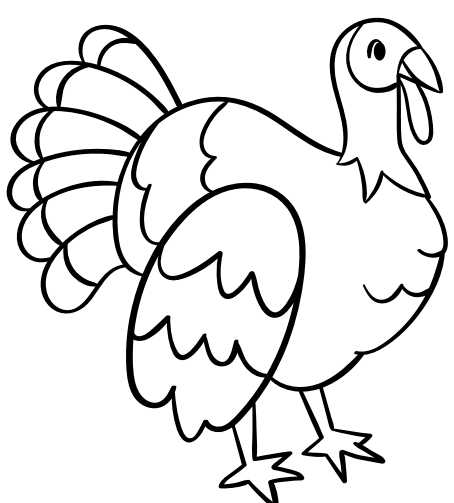
145°F



PORK

WELL DONE

160°F



TURKEY

BREAST

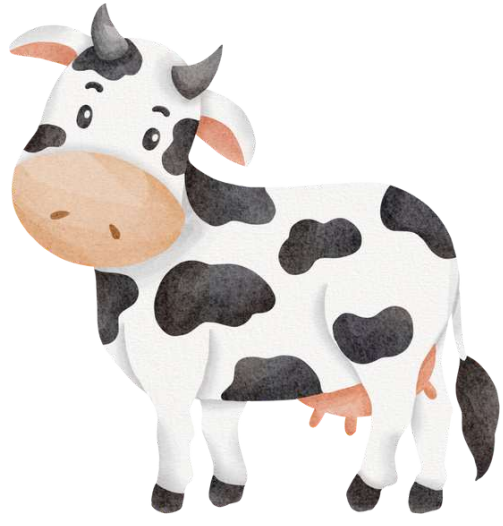
165°F

THIGHS

175°F



MEAT TEMPERATURE CHART



BEEF

RARE

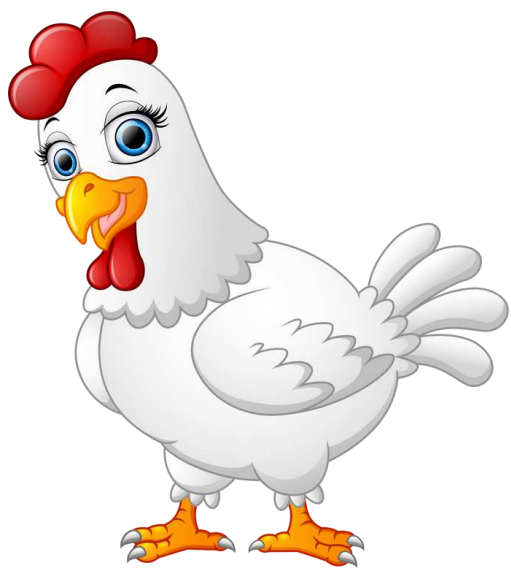
MEDIUM

WELL DONE

125°F

145°F

160°F



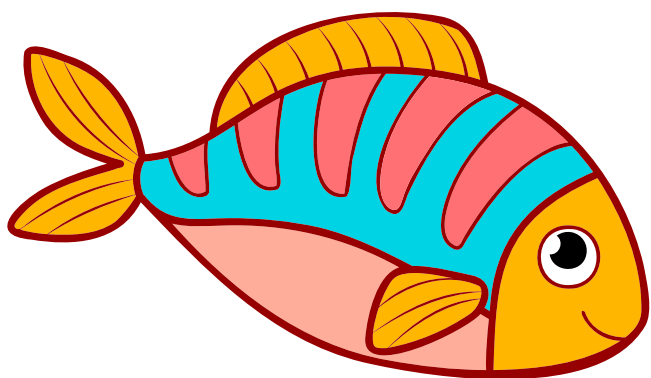
CHICKEN

WHITE MEAT

165°F

DARK MEAT

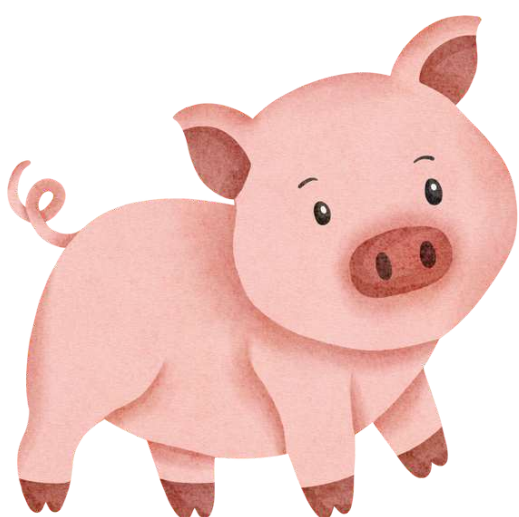
175°F



FISH

COOKED

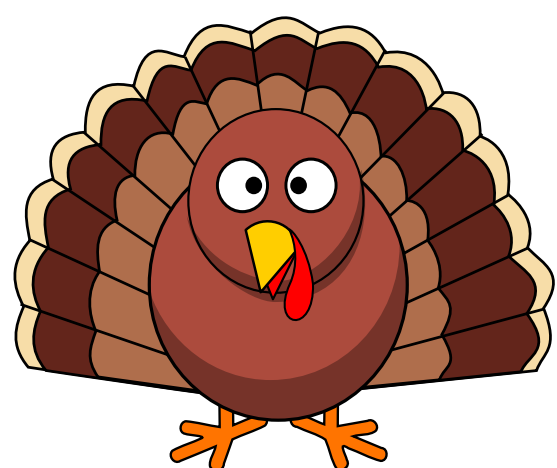
145°F



PORK

WELL DONE

160°F



TURKEY

BREAST

165°F

THIGHS

175°F

